

Greek Salad

(that is really more French!)

For one serving, combine the following ingredients:

Equal amounts of chopped tomatoes and cucumbers. Use BC Hot House cherry tomatoes and BC Hothouse English Cucumber unpeeled.

Small slivers of red onion to taste.

1 Tbsp of goat feta cheese - the best is made by Woolrich Farms or Mediterra Greek Feta

2 spoonfuls of Italian Style Olives by Unico (these are the closest I have found to Nicoise olives that I discovered in France)

1 Tbsp fresh basil cut on top of salad

Splash with organic red wine vinegar

1 tsp of extra virgin olive oil.