

## **Eggs Benedict (Wheat and Dairy Free)**

**Sauce:** equal amounts of soy mayonnaise and coconut milk (a thick brand is best). Stir in curry powder or dried mustard to taste.

Assemble, on plates, the following:

Steamed asparagus or spinach  
Salmon lox slices  
Soft poached eggs

Top with the sauce  
Sprinkle with dill  
Add capers on the side