

Dairy, Sugar & Wheat Free Pancakes

(contributed by Gail Herman)

1 cup soy or rice milk
2 eggs
¼ cup vegetable oil
1 tsp vanilla
5 dr liquid stevia
1 ½ cup rice flour (non-glutenous)
2 tsp baking powder
1 tsp baking soda

Blenderize the wet ingredients on the lowest setting then add the dry slowly until completely mixed. Add more flour to thicken the pancakes if desired.

Cook on a hot oiled griddle. Serve with syrup alternative and “whipped soy”.