

Broccoli Salad

Cut up 2 cups broccoli flowerets

Mix together $\frac{1}{4}$ cup soy mayonnaise and 1 Tbsp lemon juice

Finely chop $\frac{1}{4}$ cup organic walnuts

Add $\frac{1}{2}$ cup organic raisins or dried organic cranberries

Combine all ingredients well.

Consume at one meal as does not store well.