

VerryBerry



Mixed berry anti-oxidant supplement with organic concentrates of six fruits with highest ORAC scores.

Long term free radical damage is now recognized as the greatest contributor to age-related degenerative diseases. Flavonoids are a group of natural substances that are highly effective against free oxygen radicals. Flavonoids are present in vegetables and fruits, and are thought to be one of the reasons for their beneficial influence on human health. They are more potent and effective than traditional anti-oxidant nutrients such as Vitamin C, E, selenium and zinc, and are effective in decreasing cancer, and lowering LDL oxidation in coronary artery disease.

The United States Department of Agriculture (USDA) tested the ability of many foods and other compounds to subdue oxygen free radicals. At the very top of the list for effectiveness, blueberries, blackberries, cranberries and raspberries were shown to have the most potent anti-oxidant capacity for berries. Prunes and raisins actually tested the highest.

This and other research data demonstrates that a combination of anti-oxidants provide greater protection than any single nutritional anti-oxidant. VerryBerry is a Mixed Berry Antioxidant Supplement developed from a testing program at Bastyr University that analyzed over 100 plants and berries for anti-oxidant status. VerryBerry contains the top 4 berries (blueberry, blackberry, cranberry and raspberry) and the well researched, high anti-oxidant pomegranate juice. Research shows a strong correlation between increased flavonoid intake and improvement in the following conditions:

Clinical Indications for VerryBerry

Anti-aging/Alzheimers: In Alzheimer's free radicals generate proteins which cause beta amyloid plaques in the brain. Since flavonoids are specific for the blood vessels, it is possible that the intake of these antho-cyanins in the berries may be useful in slowing down or preventing Alzheimer's disease.

Anti-allergic: Flavonoids have been show to possess anti-allergic activities.

Anti-cancer: Cancer incidence is reduced by consuming fruits and vegetables. Ellagic acid, a known anti-carcinogen, is found in blackberries and other berries found in VerryBerry. Flavonoids strengthen the basement membrane surrounding capillaries and protect against tumor growth and metastatic invasion.

Anti-viral/antibacterial: Naturally-occurring flavonoids can inhibit some common viral conditions, and may accelerate recovery in Acute Viral Hepatitis.

Coronary Artery Disease: The dark skinned berries in VerryBerry contain anthocyanins which improve the integrity of the capillary mesh and decrease arterial plaque causing cholesterol.

Dermatology: Anthocyanins are used to treat skin diseases, including eczema, psoriasis and eczematous rashes such as atopic dermatitis, and mastocytosis/ chronic urticaria. Flavonoids are also used in dermal indurations in connective tissue disease such as scleroderma.

Diabetic Retinopathy: Bioflavonoids improve the integrity of the blood vessels, decreasing the leakiness and breakage of capillaries and improving circulation to the retina of diabetics.

Edema/Lymphedema: Flavonoids have been shown to reduce fluid retention and capillary permeability. They are helpful in reducing ankle swelling in congestive heart failure and in pregnancy.

Gastrointestinal problems: Bioflavonoids decrease intestinal permeability and inhibit micro-organisms that cause ulcer formation.

Immune Modulation activity: Flavonoids possess immune suppressant activity and have been used in in treating auto-immune diseases such as Multiple Sclerosis and Dermatomyositis.

Macular degeneration/Cataracts: It is well documented that Anthocyanins will improve micro-circulation to the retina.

Respiratory: Flavonoids prevent free radicals from causing tissue inflammation in the lungs. Flavonoids are effective in the treatment of asthma, emphysema and chronic obstructive pulmonary disease).

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Available from

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