



“Recovery” Formulation Reduces Inflammation, Supports Joints...

A new supplement originally formulated to support arthritic racehorses* has caught the attention of the health professions. Healthfood Rx Recovery Formula from Purica contains a number of all-natural ingredients that work together to support and repair damaged tissues. The formulation is particularly effective for areas affected by arthritis and other painful inflammatory conditions.

Healthfood Rx Recovery formula is putting people back on the wellness track by helping them rediscover painfree living and mobility.

Healthfood Rx is a line of superior health supplements that actively provide the body with the materials required to renew and repair. These innovative formulations literally **help put you in charge of your own health.**



An exciting new supplement that supplies your cells with the nutritional resources needed to recapture active health.

Good nutrition, regular exercise, enough sleep and effective stress management are the cornerstones of good health. Unfortunately, modern-day living often deprives us of these vital elements. Healthfood Rx Recovery Formula is designed to provide the body with the nutritional elements needed to recapture health and mobility—to put back what modern-day living takes away. Recovery formula contains the following restorative ingredients:

Methyl sulfonyl methane (MSM) MSM plays a vital role in the processes that create healthy tissues. **1,200 mg per 5 capsules**

Glucosamine hydrochloride More concentrated than glucosamine sulfate, glucosamine hydrochloride provides an essential ingredient of healthy joints. **750 mg per 5 capsules**

Dimethylglycine hydrochloride (DMG) A powerful immune-system stimulant, DMG also promotes oxygen utilization and reduces the build-up of lactic acid. **200 mg per 5 capsules**

Nutricol™ Bioflavonoid Concentrate This proprietary blending of green tea and grape concentrates provides a high concentration of exceptionally active antioxidants. **300 mg per 5 capsules**

Organic Daily Wellness Formula (blackberry, blueberry, raspberry, cranberry, flax, red beet, siberian ginseng, ginger). Berries are an unmatched nutritional powerhouse, supplying antioxidants and other essential support for healthy tissues. **275 mg per 5 capsules**

Bromelain (a pineapple enzyme) In a base of microcrystalline cellulose, silicon dioxide and magnesium stearate. **60 mg per 5 capsules**

Don't delay. The earlier you start taking Healthfood Rx Recovery Formula, the sooner your tissues will realize the benefits of this exciting new advance in restorative supplementation!

Recommended dose: 2 to 10 divided dosages per day taken one hour before meals.

Available from

[Dr. Ingrid Pincott, ND](#)

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