



Multi-Element Buffered C | 100 capsules

Multi-Element Buffered C adds magnesium and potassium to ascorbic acid to create a buffered product that is gentle on the stomach. Because doses of vitamin C in excess of 1 gram per day can deplete some essential minerals and disrupt the body's pH balance, this formulation also includes minerals to help maintain a proper acid/base balance. A bioflavonoid and an antioxidant are included to potentiate the function of vitamin C. This buffered vitamin C supplement has been specifically formulated to be highly bioavailable and hypoallergenic.

Ingredients: Two capsules contain Vitamin C (Ascorbic Acid, Potassium Ascorbate, Calcium Ascorbate, Magnesium Ascorbate) 1,200 mg, Calcium (Carbonate, Ascorbate) 80 mg, Magnesium (Carbonate, Ascorbate) 54 mg, Zinc (Citrate) 6.4 mg, Manganese (Glycinate) 1.0 mg, Copper (Glycinate) 46 mg, Quercetin 60 mg, Potassium (Ascorbate) 18 mg, Reduced L-glutathione 11.8 mg. Other ingredients: L-leucine and L-valine. All the quantities of minerals are elemental. Vegetarian capsules.

Dosage: 1 or 2 capsules daily or as directed by a health care professional.

Contraindications: None known

Available from

[Dr. Ingrid Pincott, ND](#)

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