

# HMF Forte

## Human Microflora

### EACH VEGETABLE CAPSULE CONTAINS

Lactobacillus acidophilus, <i>guaranteed</i> -----	4 billion CFU
Lactobacillus bifidus, <i>guaranteed</i> -----	1 billion CFU
Fructo-oligo-saccharides -----	100 mg
May contain up to -----	10 billion CFU

### RECOMMENDED DOSAGE

Adults: One to two capsules, two times daily with meals.

Acute infections: One to two capsules, two to three times daily with meals.

Candidiasis: One to two capsules, three times daily with meals.

Children under 12: One capsule daily with meals.

Acute infections: One capsule two times daily with meals.

Candidiasis: One capsule three times daily with meals.

Contraindications: None known. >

HMF Forte provides lactobacillus acidophilus and lactobacillus bifidus from human source along with fructo-oligo-saccharides to specifically assist in achieving and maintaining a normal intestinal microflora. Studies show that an overgrowth of opportunistic pathogens leads to a compromised immune system. Imbalances of friendly bacteria may result in severe abdominal discomfort, extreme fatigue and yeast overgrowth. HMF Forte is part of Genestra's Probiotic Program and is indicated for indigestion, colds and flus, candidiasis, and fungal infections, and for protecting against the side-effects of antibiotics, oral contraceptives, steroids and hormonal replacement therapy. The capsules in this formula are from a vegetable source making it suitable for vegetarians and vegans.

60 Capsules      Code 418

120 Capsules      Code 418-120

### Available from

[Dr. Ingrid Pincott, ND](#)

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